



I Can Be
Your
Mummy Too!



Note to caregivers

This book is part of a set of materials for children and caregivers in Fiji to help meet psychosocial needs after a cyclone.

This set of materials was produced with a unique group of participants who came together to produce a gift for the children of Fiji. People from the Ministries of Education, Health, Social Welfare and Information, together with participants from a range of NGOs, the University of the South Pacific and some of the most creative talent in the country developed materials to help children heal and to support their courage and resiliency.

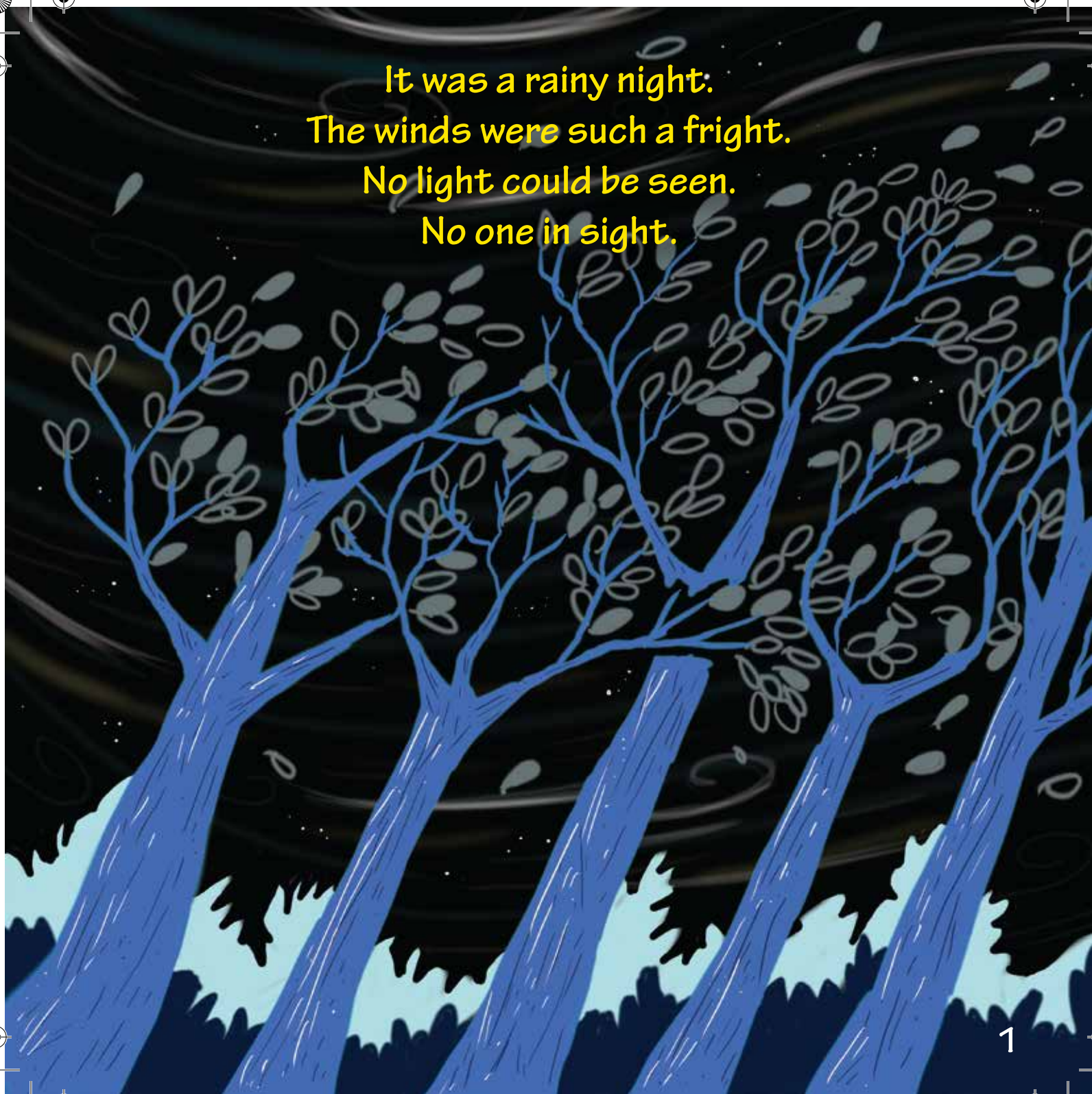
Children's difficult emotions during these difficult times are normal and they should be acknowledged and accepted. These emotions come after a disaster but they are part of everyday life as well.

Our hope is that these materials will help them to feel that they are not alone, that there are many helpers and caregivers to support them. This includes children and adults with disabilities and those from marginalized groups who have a role to play in contributing to positive change in their families and communities.

We hope that you will use these materials in many creative ways. In addition, we know that you will come up with your own excellent ideas to help and support children during and after a natural disaster and in everyday life. We welcome your feedback on the materials and your suggestions for improvements and additional needs of Fijian children.



It was a rainy night:
The winds were such a fright.
No light could be seen.
No one in sight.



In the middle of the rain,
a tiny kitten was left weary.
Cold and afraid,
her name was Kiri.



"I'm lost and afraid.
My mummy is missing.
I wish I was warm.
Does my mummy miss me?"



But to her rescue,
two puppies came along.
Dilo and Moli,
to help her through the storm.

Hello!

“You look lost and afraid.
Come, we’ll take you to our place.
We can give you warmth and shade
and share our space.”



Rani, their mummy was surprised.
Her puppies with a new friend had arrived.
“This is Kiri, she’s lost and alone
and needs a new home.”



Rani gave Kiri a hug
to make her feel snug.
She said "Oh little one,
I can be your mum."



Now Kiri, Rani, Dilo and Moli
were snugly and warm.
They were one happy family
away from the storm.



This book is an educational resource for children in the aftermath of cyclones
and other natural disasters.
It has been put together to encourage resilience in young children.
We hope you enjoy these material.

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